

V O R T E X

HUMANHOOD



Step into the eye of the **tornado**

V O R T E X

A Vortex, often viewed as a force of destruction, holds within its motion the extraordinary potential for renewal.

As a powerful spiral current, it unravels the old to draw forth the energy for the new.

Let the Vortex guide you through moments of introspection, revealing that which can be released and what can be birthed.

Part I: Vortex of Shadows

Interlude : Crossing the Horizon

Part II : Vortex of Light

During the Interlude, we invite you to ponder...

- Which shadow would you release into the vortex, letting it be transformed?*
- What would you awaken in the light, ready to be renewed?*

Share your findings with others at
humanhood.net/myvortex

SYNOPSIS

Step into a world where rhythm unravels, gravity dissolves and energy converges. . .

Vortex is the new dance production by Julia Robert & Rudi Cole, where the stage becomes the ‘eye of the tornado.’ Intuitively composed as a journey from darkness to light, the piece explores the physical and energetic phenomenon of a vortex, and how we, as human beings, can activate deep reserves of unexplored resilience to adapt and transform ourselves in the midst of chaos.

Performed by the international powerhouse HUMANHOOD dancers, the cast moves with precision and virtuosity, synchronising seamlessly with a cinematic soundscape that resonates throughout the auditorium, immersing the audience in the pulse of the dance.

Between extreme physicality and spiritual elevation, *Vortex* takes both dancers and audience to the limits of human endurance, swept away by the hypnotic and overwhelming dynamics of a vortex.





C R E D I T S

Concept, Direction,
Choreography, Performance:
Julia Robert and Rudi Cole

Performed by HUMANHOOD Company Dancers:
**Tseng-Tzi, Mauricio Zúñiga, Ainhua Yuantao,
Alex Thirkle, Pol Guimerà, Siyu Lu**

Music Composition:
Iain Armstrong

Light Design:
**Aiden Bromley (Woodroffe Bassett Design),
Julia Robert and Rudi Cole**

Original Music:
**Kamil Boguslawski, Alex Forster, Iain Armstrong,
Julia Robert and Rudi Cole**

*Commissioned by Mercat de les Flors, Festival
Grec de Barcelona and MAC Birmingham.*

*Supported by FABRIC, IAB, RocaUmbert and
DanceCity*

*Funded by Arts Council England, Institut Català
d'Empreses Culturals and Institut Ramon Llull.*

HUMANHOOD

“For us, the theatre is a modern-day temple, a sacred place where the hearts and minds of many can come together as one, to allow new ideas to enter within and challenge our thinking of the world and ourselves as a part of it. We invite audiences to enter into the spirit of *VORTEX*.”

— Julia Robert & Rudi Cole

“Intuitive movement mastery, different from anything you have seen before.”

— Teatro Barcelona

THE STORY

HUMANHOOD's story is a love story, ignited by the meeting of founders Julia Robert and Rudi Cole and their shared love of dance and movement.

Together, through rigorous training and spiritual exploration, they have developed a unique and innovative movement practice and dance methodology that helps dancers connect to the essence of movement.

Their award-winning work fuses physicality and spirituality with a unique body language that is known by its exquisite fluidity and extraordinary rhythmically. Since 2016, they have created six dance productions, performing in over twenty countries at renowned festivals and venues such as the Venice Biennale, Festival Grec (Barcelona), Sadler's Wells (London), PAMS (Seoul), CINARS (Montreal), as well as being commissioned by the BBC for the show dance film *Infinity*.

In 2021, they were selected for Aerowaves21 and became Associate Artists at Mercat de les Flors. Their work has received multiple nominations & prices, including 1st price in Madrid's Choreographic Competition, best choreography at the Catalan Critics Awards for their group piece *TORUS* and at Premis Butaca for ∞ *{Infinite}*.





Beyond the stage, Julia and Rudi embody their mission to bring the power of movement into people's lives through transformative events worldwide where they guide individuals of all ages, backgrounds and abilities to access their Body's Portal.

“A humanity that dances is a humanity that thrives. Dance is not something reserved for a special few, dance in its purest form is MOVEMENT. If you are breathing, you are dancing.” — Julia & Rudi

With an innovative, holistic and transformative perspective, HUMANHOOD opens contemporary dance to new audiences, creating experiences that connect body, soul and spirit.

Know more at humanhood.net



HUMANHOOD

C O M P A N Y D A N C E R S



ALEX THIRKLE

“For me, Humanhood’s work is really like the audience are watching and stepping into a world which already exists. So for the upcoming performances, I’m hoping the audience gets immersed and feels absorbed into this world.”



Alex Thirkle is a dynamic and expressive dancer whose movement bridges the primal and the poetic. He joined HUMANHOOD in 2021 as a intern during the R&D phase of ∞ {Infinite}, and has since then become a core member of the company. A graduate of the Rambert School of Ballet and Contemporary Dance, his previous credits include working with Russell Maliphant, Sharon Eyal, and Juliano Nunes, as well as appearances in projects with FKA Twigs and Koreless.

AINHOA YUANTAO

“I want to communicate to audiences Humanhood's unique philosophy of movement, connected with the energies around us and the earth, while expressing the power and strength that the body holds.”



Ainhua Yuantao is a Spanish-Chinese dancer whose background spans contemporary, urban, and ballroom dance. In 2024, she joined HUMANHOOD as part of the original cast for Vortex and also took part in the restaging of ∞ [Infinite]. Ainhua trained at the Ana Laguna Professional School of Dance and has performed in works by Sadeck Waff and Sharon Fridman, among others.

TZU-YI TSENG

“For the performances of Vortex, I would like to say to the audience: Feel us, but feel yourself too.”



Originally from Taiwan, Tzi joined HUMANHOOD in 2019 for the creation and tour of the company's first group piece entitled Torus. He was also in the original cast for the productions ∞ {Infinite} and Vortex, where he performed the work at Venice Biennale, Festival Grec Barcelona, CINARS Montreal and Sadler's Wells , among others. Tzi trained at the Taipei National School of the Arts, and has become one of the longest standing dancers of the company.

MAURICIO ZÚÑIGA

“With Vortex, I want the audience to not just watch the show but to let be carried by the energy we create on stage, entering a space that awakens sensations, open inner landscapes.”



Mauricio Zúñiga is a Chilean contemporary dancer based in France. In November 2024, he joined HUMANHOOD as original cast of Vortex and re-stage of ∞ {Infinite}. He trained at Institut del Teatre de Barcelona and joined the Compagnie Junior de Genève, where he performed works by Marcos Morau, Hofesh Shechter, and Sharon Eyal.

SIYU LU

“As we get ready for the premiere of ‘Vortex’, I hope to bring the audience into the experience, making them feel the powerful flow of energy that the piece embodies.”



Siyu Lu is a cross-cultural dancer blending traditional Chinese training with Western contemporary dance. Originally from China, Siyu joined HUMANHOOD in 2024 for the creation of Vortex, as well as the re-staging of ∞ [Infinite]. She trained at Leeds Beckett University and is currently pursuing an MA in Dance Performance at the London Contemporary Dance School.

POL GUIMERÀ

“I hope to convey the light and darkness of movement, a movement that is not judged in the doing. I also hope to communicate how the energy is built with the group and how we move it together as a whole.”



Pol Guimerà is a dancer based in Barcelona, who has worked with companies such as Dagoll Dagom and Cia Impuxibles. In 2025, he joined HUMANHOOD for the performances of Vortex.

THE HUMANHOOD EXPERIENCE

The HUMANHOOD Experience is a revolutionary movement journey that invites humans of all backgrounds, ages (+12) and abilities to deeply and honestly connect with their body and the essence of movement.

During this process you will be provided various practical tools as well as conceptualised information in order to access your Body's Portal, but most important you will be guided through a sequence of motion that will bring you into a state of pure flow and energetic expansion

Know more at humanhood.net/thexperience



“We believe each human is a cosmic dancer, with a unique gift: the body. Here lies a portal patiently waiting to reveal the depth of our human potential. Regardless of age, background, or ability, we all possess the artistry to access the transformative power of movement.”

— Julia Robert & Rudi Cole





**“As unclassifiable as extraordinary”
“The most delicious dance.”**

— [Recomana.cat](#)



**“It isn’t like any dance show I have seen before.
It’s mysterious, transfixing and utterly absorbing.”**

— [TimeOut London](#)



“A company worth travelling light years to see”

— [The Reviews Hub.](#)



Support HUMANHOOD by becoming a Friend or Patron.

Become a Friend or Patron of the company and get a closer insight into HUMANHOOD's creative process with exclusive content, invitations to private events, meetings with the artists, regular behind-the-scenes updates and more while supporting our ambitious vision to inspire, transform and connect with human beings worldwide. Your contribution will support the creation and touring of exceptional, mind-expanding dance performances of the highest quality to international stages.

To find out more about how to support, contact us at
at info@humanhood.net





“The rigour, beauty, skill and message are impressive”
— British Theatre Guide



Aiden Bromley

Co- Lighting Designer

Aiden is an ambitious young Lighting Designer working across a broad spectrum, ranging from theatre to festivals, architecture to musicals. He is a Studio Associate and Lighting Assistant at the Woodroffe Bassett Design, one of the best-known and most prolific lighting design brands operating in the world of entertainment and architecture today. He has worked previously with HUMANHOOD as a re-lighter for ZERO, Torus and ∞ {Infinite}. This is the first production he joins the creative team as a co-light designer.



Iain Armstrong

Composer

Iain Armstrong is a composer and sound designer based in Birmingham, UK. He is particularly interested in exploring the creative potential of recordings of the sound environment and encouraging people to engage in the act of listening. His work is presented internationally and spans music and sound design for theatre, dance and film, experimental electronic music, multi-channel sound installation, site-specific soundwalks, podcasts, phonography and live performance. Recent credits include music composition for Evan Placey's *Jekyll & Hyde* (Birmingham REP) and the soundtrack to Anna Falcini's film *Chère Julie* to name a few. Iain has previously collaborated with Rudi and Julia for the production of *ZERO* and both outdoor duets *ORBIS* and *SPHERA*.



C O N T A C T

General Information and Bookings

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Workshops & Events

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humanhood.net